

NGS Troubleshooting



Is your treadmill healthy? Find out using this handy amp meter. Here's how it's done:

1. Connect the treadmill to a power source, turn it on, then set it to 3 mph.
2. Set the amp meter to the 20A setting and clip the amp meter clamp around ONE of the AC leads coming from the power source of the treadmill. Make sure the clamp is around one lead only to get a proper reading.
3. Without a load, the amp meter should read between 2-6 amps continuously. If it reads significantly high under no load, there may be a problem with the motor, capacitor, or choke.
4. Have a full-grown adult walk on the treadmill at 3 mph and take another reading of the amp meter. It should read between 6-12 amps, depending on the model. If it reads significantly higher, the treadmill may need a new belt and deck.